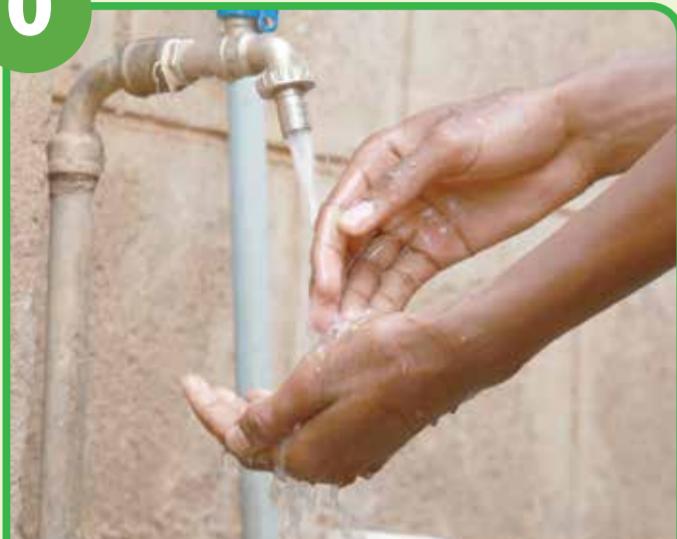


STEPS FOR PROPER HANDWASHING

0



Wet the hands

1



Apply soap

2



Rub palm to palm

3



Rub back of right palm with other hand and vice versa

4



Rub Palm to Palm with fingers interlaced

5



Rub back of fingers in palm of opposite hand

6



Rotate and rub left thumb in right thumb and vice versa

7



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

8



Rinse hands until the foam completely disappears

9



Dry hands using clean towel / cloth

10



Use the cloth / towel to close the tap

11



Hands are clean and dry

DO IT IN JUST LESS THAN A MINUTE TO BREAK THE DISEASE INFECTION CYCLE SO THAT YOU CAN LIVE A HEALTHY LIFE AND SAVE ON COSTS FOR TREATMENT OF DISEASES.



Plot 475/523 Sonko Lane, Kabalagala.
P.O. Box 11259, Kampala, Uganda
Tel: +256 (0) 414 510 547, 414 510 215.
Email: envalert@envalert.org

 Environmental Alert
 @Env_Alert  Environmental Alert

In partnership with



Environmental Alert envisions resilient and dignified communities, managing their environment and natural resources sustainably.